



Monday	Tuesday	Wednesday	Thursday	Friday	Offered Daily
2	3	4	5 Hot Ham & Cheese on a Pretzel Roll Bagel Meal FEATURED VEGGIES Baked Beans	6 Cheesy Pizza Cereal Meal FEATURED VEGGIES Carrot & Raisin Salad	What is a Meal? You must choose at least 3 of the 5 components available for the school lunch price. <ul style="list-style-type: none">- Choice of Whole Grain- Choice of Protein- Choice of Vegetable- Choice of Fruit- Choice of Milk A minimum 1/2 cup serving of fruit or vegetable must accompany a reimbursable lunch. Choice of Vegetable Hot vegetable, Carrots, Broccoli, Celery, Cauliflower, Cucumber Choice of Fruit Seasonal fresh fruits, canned fruit in light syrup, 100% fruit juice Choice of Milk 1% white, FF Chocolate, FF Strawberry Daily Alternates Sun Butter & Jelly Turkey Ham & Cheese Turkey & Cheese Cereal Meal WG Cereal, LF Yogurt & String Cheese Bagel Meal WW Bagel, LF yogurt & String Cheese Pretzel Meal Soft Pretzel, LF Yogurt & String Cheese
9 Cheddar Cheese Quesadilla on Flatbread (V) Cereal Meal FEATURED VEGGIES Tater Tots	10 Chicken Tenders with Soft Pretzel Bagel Meal FEATURED VEGGIES Refried Beans	11 Cheeseburger on a Bun Pretzel Meal FEATURED VEGGIES Glazed Carrots	12 Corn Dog Bagel Meal FEATURED VEGGIES Curly Fries	13 Cheesy Pizza Cereal Meal FEATURED VEGGIES Corn Salad	
16 Grilled Cheese Sandwich Cereal Meal FEATURED VEGGIES Oven Fries Tomato Soup	17 Chicken Patty on a Bun Bagel Meal FEATURED VEGGIES Mexicali Corn Tomato & Onion Salad	18 Pizza Dippers w/sauce (V) Pretzel Meal FEATURED VEGGIES Celery Sticks with Ranch	19 Chicken Nuggets with Roll Bagel Meal FEATURED VEGGIES Steamed Broccoli	20 Cheesy Pizza Cereal Meal FEATURED VEGGIES Cherry Tomatoes Cucumber Slices	
23 Cheesesteak on a Roll Cereal Meal FEATURED VEGGIES Tater Tots	24 Macaroni & Cheese (V) Bagel Meal FEATURED VEGGIES Stewed Tomatoes	25 French Toast Sticks with Sausage Links Pretzel Meal FEATURED VEGGIES Tri Patty Taters	26 Cheeseburger on a Bun Bagel Meal FEATURED VEGGIES Golden Corn	27 Cheesy Pizza Cereal Meal FEATURED VEGGIES Cucumber slices	
30 Mozzarella Sticks with Sauce (V) Cereal Meal FEATURED VEGGIES Baby Carrots					

Your Team
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Meal Prices
Student Lunch \$3.10
Free/Reduced Lunch \$0.00
Faculty Lunch \$4.50



Menu subject to change due to product availability. This institution is an equal opportunity provider and employer.