



October 2021

Monday	Tuesday	Wednesday	Thursday	Friday
<p>This institution is an Equal Opportunity Provider</p> <p><u>You can Prepay for snacks</u></p> <p>Cashier at School or visit www.schoolpaymentportal.com</p>	<p>All Student Lunches come with the following meal components:</p> <p>a protein, a grain, a vegetable, a fruit & fat free milk!</p>		<p>Glassboro Public Schools Elementary Lunch Menu</p> <p>Margaret McClaskey Director of Dining Services 856-652-2700 x4712</p> <p>Looking for Work - Call!</p>	<p>OCTOBER 2021</p> <p>ALL Student Lunches and Breakfasts <u>FREE</u> For GPSD Students</p> <p>Elementary Students Enjoy Breakfast in the Classroom</p>
<p><i>Serving Up Happy & Healthy!</i></p>				<p>10/1</p> <p>Whole Grain Cheese Pizza Fresh Tossed Side Salad Steamed Corn Fat Free Chocolate Milk Fresh Whole Fruit</p>
<p>10/4</p> <p>Mini Blueberry Waffles Egg Patty Sausage Patty Smiley Potatoes Fruit & Milk</p>	<p>10/5</p> <p>Whole Grain Chicken Nuggets w/ Dipping Sauce Seasoned Mixed Veggies Fat Free Chocolate Milk Fresh Whole Fruit</p>	<p>10/6</p> <p>Whole Grain Rotini Pasta Marinara Sauce or Beef Meat Sauce Fat Free Chocolate Milk Fresh Whole Fruit</p>	<p>10/7</p> <p>Whole Grain Cheese Pizza Fresh Tossed Side Salad Steamed Corn Fat Free Chocolate Milk Fresh Whole Fruit</p>	<p>10/8</p> <p>SCHOOLS CLOSED</p>
<p>10/11</p> <p>SCHOOLS CLOSED</p>	<p>10/12</p> <p>Mini Blueberry Waffles Egg Patty Sausage Patty Smiley Potatoes Fruit & Milk</p>	<p>10/13</p> <p>Cheesy Chicken Quesadilla on a WG Wrap Seasoned Kidney Beans Fat Free Chocolate Milk Fresh Cupped Fruit</p>	<p>10/14</p> <p>Whole Grain Chicken Nuggets w/ Dipping Sauce Seasoned Mixed Veggies Fat Free Chocolate Milk Fresh Cupped Fruit</p>	<p>10/15</p> <p>Whole Grain Cheese Pizza Fresh Romaine Side Salad Steamed Corn Fat Free Chocolate Milk Fresh Whole Fruit</p>
<p>10/18</p> <p>Mini Blueberry Waffles Egg Patty Sausage Patty Smiley Potatoes Fruit & Milk</p>	<p>10/19</p> <p>Whole Grain Cheesy Mozzarella Bread Sticks Marinara Dipping Sauce Fat Free Chocolate Milk Fresh Whole Fruit</p>	<p>10/20</p> <p>BBQ Diced Chicken over Whole Grain Rice Seasoned Mixed Veggies Fresh Romaine Side Salad Fruit & Milk</p>	<p>10/21</p> <p>Whole Grain Cheesy Mozzarella Bread Sticks Marinara Dipping Sauce Fat Free Chocolate Milk Fresh Whole Fruit</p>	<p>10/22</p> <p>Whole Grain Cheese Pizza Fresh Romaine Side Salad Steamed Corn Fat Free Chocolate Milk Fresh Whole Fruit</p>
<p>10/25</p> <p>Mini Blueberry Waffles Egg & Sausage Patty Smiley Potatoes Fruit & Milk</p>	<p>10/26</p> <p>Whole Grain Crispy Chicken Patty on a WG Bun Seasoned Carrots Fruit & Milk</p>	<p>10/27</p> <p>Beef Cheeseburger on a WG Bun Oven Baked Fries Fruit & Milk</p>	<p>10/28</p> <p>Homemade Whole Grain Macaroni & Cheese Fresh Tossed Side Salad Fruit & Milk</p>	<p>10/29</p> <p>Whole Grain Cheese Pizza Fresh Romaine Side Salad Steamed Corn Fruit & Milk</p>
<p><i>Offered Daily</i></p> <p>Fresh Baby Carrots Assorted Fresh Fruit Assorted Cupped Fruit Lactaid Milk upon Request</p>	<p>EVERYDAY ALTERNATE <u>Assorted Deli Sandwich:</u> Turkey-Ham & Cheese OR Turkey & Cheese Served on Whole Grain Roll Condiment: Mayo</p>	<p>EVERYDAY ALTERNATE <u>Assorted Salad:</u> Popcorn Chicken Salad Garden Salad Condiment: Italian or Ranch</p>	<p>EVERYDAY ALTERNATE <u>Assorted Muffin Fun Lunch:</u> Muffin: Banana, Blueberry Chocolate, Apple Cinnamon Mozzarella String Cheese Trix Yogurt & Goldfish</p>	<p>MENU IS SUBJECT TO CHANGE</p> <p>THANK YOU FOR YOUR UNDERSTANDING!</p>

